

What is claimed is:

1. A personal data management apparatus, which manages the personal data of multiple individuals using a database file containing multiple personal data records
 5 corresponding to said individuals with identification codes for identification of said personal data records, comprising:
 - a database file storage section which is capable of containing the database file;
 - a communication control section which transmits and receives signals via a communication circuit;
 - 10 a guidance message control section which stores multiple guidance messages, which makes a selection from the stored multiple guidance messages in response to a signal received by the communication control section, and which passes the selected message as a signal for transmission to the communication control section;
 - and,
 - 15 a data processing section which executes prescribed processes, based on an identification code received as said signal from the communication control section.
2. A personal data management apparatus according to claim 1, wherein said data processing section deletes the personal data record corresponding to the identification
 20 code received by the communication control section from the database file stored in the database file storage section.
3. A personal data management apparatus, according to claim 1, comprising an output section which is capable of outputting the database file processed by the data
 25 processing section in a mailing label format including said identification code of said

personal data record.

4. A personal data management apparatus according to claim 3, wherein said data processing section comprises:

5 an identification code storage section which stores the identification code received by the communication control section;

and,

a transmission blocking section which prevents only the personal data records corresponding to the identification codes stored in said identification storage section from
10 being transmitted to the output section.

5. A personal data management method comprising the steps of:

storing beforehand personal data records, each of which contains a unique identification code, in a database;

15 establishing a communication connection;

outputting a guidance message via the established communication connection for prompting the input of an identification code;

receiving the identification code sent via the established communication connection;

20 storing the received identification code in a reception code memory;

and,

outputting only the personal data records whose identification codes are not included in said reception code memory.

25 6. A personal data management method according to claim 5, comprising the step of

deleting the personal data record, whose identification code is identical with the identification code sent via the established communication connection, from said database.

7. A personal data management method according to claim 5, wherein the data records whose identification codes are included in the reception code memory are excluded at the outputting time, by referring to the reception code memory.
8. A personal data management method according to claim 5, wherein the personal data records are output in a mailing label format which includes said identification code.